

# SDRCC Jurisdiction – Ordinary Tribunal



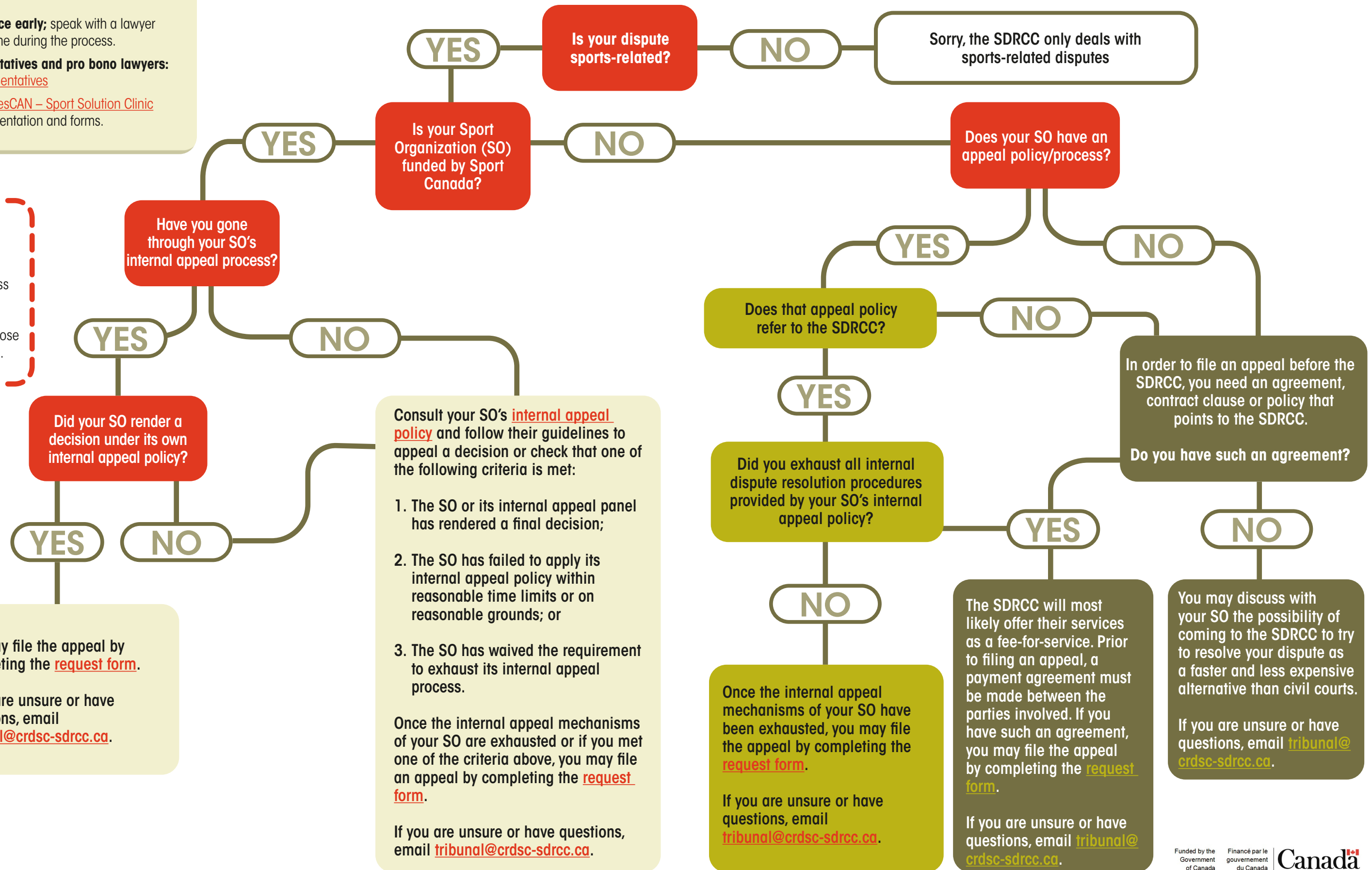
**Get advice early;** speak with a lawyer at any time during the process.

Find **legal representatives and pro bono lawyers:**  
[SDRCC Legal Representatives](#)

**Athletes:** The [AthletesCAN – Sport Solution Clinic](#) can help with representation and forms.



**Don't miss your deadline.** If you miss an internal appeal policy or SDRCC deadline, you may lose your right to appeal.



Consult your SO's **internal appeal policy** and follow their guidelines to appeal a decision or check that one of the following criteria is met:

1. The SO or its internal appeal panel has rendered a final decision;
2. The SO has failed to apply its internal appeal policy within reasonable time limits or on reasonable grounds; or
3. The SO has waived the requirement to exhaust its internal appeal process.

Once the internal appeal mechanisms of your SO are exhausted or if you met one of the criteria above, you may file an appeal by completing the [request form](#).

If you are unsure or have questions, email [tribunal@crdsc-sdrcc.ca](mailto:tribunal@crdsc-sdrcc.ca).

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The SDRCC will most likely offer their services as a fee-for-service. Prior to filing an appeal, a payment agreement must be made between the parties involved. If you have such an agreement, you may file the appeal by completing the [request form](#).

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You may discuss with your SO the possibility of coming to the SDRCC to try to resolve your dispute as a faster and less expensive alternative than civil courts.

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