



At any time during the process it is suggested to consult a lawyer. A list of legal representatives and pro bono lawyers is available at the following link:

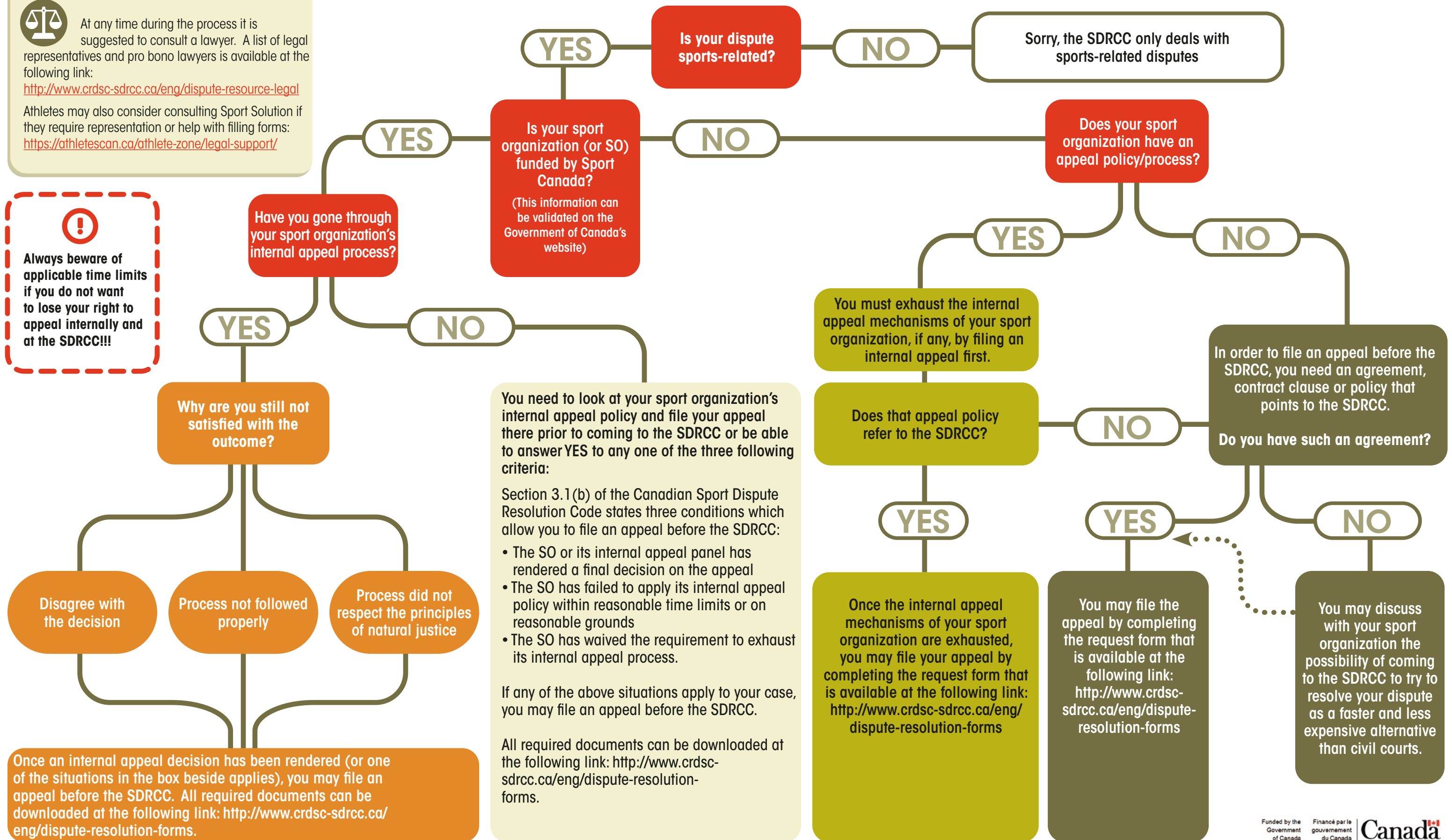
<http://www.crdsc-sdrcc.ca/eng/dispute-resource-legal>

Athletes may also consider consulting Sport Solution if they require representation or help with filling forms:

<https://athletescan.ca/athlete-zone/legal-support/>



Always beware of applicable time limits if you do not want to lose your right to appeal internally and at the SDRCC!!!



Why are you still not satisfied with the outcome?

Disagree with the decision

Process not followed properly

Process did not respect the principles of natural justice

Once an internal appeal decision has been rendered (or one of the situations in the box beside applies), you may file an appeal before the SDRCC. All required documents can be downloaded at the following link: <http://www.crdsc-sdrcc.ca/eng/dispute-resolution-forms>.

You need to look at your sport organization's internal appeal policy and file your appeal there prior to coming to the SDRCC or be able to answer YES to any one of the three following criteria:

Section 3.1 (b) of the Canadian Sport Dispute Resolution Code states three conditions which allow you to file an appeal before the SDRCC:

- The SO or its internal appeal panel has rendered a final decision on the appeal
- The SO has failed to apply its internal appeal policy within reasonable time limits or on reasonable grounds
- The SO has waived the requirement to exhaust its internal appeal process.

If any of the above situations apply to your case, you may file an appeal before the SDRCC.

All required documents can be downloaded at the following link: <http://www.crdsc-sdrcc.ca/eng/dispute-resolution-forms>.

Once the internal appeal mechanisms of your sport organization are exhausted, you may file your appeal by completing the request form that is available at the following link: <http://www.crdsc-sdrcc.ca/eng/dispute-resolution-forms>

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In order to file an appeal before the SDRCC, you need an agreement, contract clause or policy that points to the SDRCC.

Do you have such an agreement?

You may discuss with your sport organization the possibility of coming to the SDRCC to try to resolve your dispute as a faster and less expensive alternative than civil courts.